

Denise O'Doherty LPC, MSN, LMFT, RN
Psychotherapist
Licensed Professional Counselor, Licensed Marriage and Family Therapist
www.RelationshipTherapistRN.com
(713) 823-4001

General Office Policy

Insurance

Almost everyone I see gets reimbursed through their insurance using Out-of-Network benefits. You may want to check with your insurance company to see if you have Out-of-Network benefits prior to therapy. You may also want to find out your deductible, what percent of each session is covered and if there is a limit to the number of sessions allowed. I can give you a receipt for your visits which will include all the necessary information needed by the insurance company. **Receipts are given quarterly, at the end of therapy, at the end of the year or when you do your taxes. You can request a time that works for you.** Once you have a receipt from me, you can send it to your insurance company for reimbursement. The address of where to send it, is usually on the back of your insurance card.

Fees / Session Length

The fee for each session is required at the time of service. Hourly sessions last approximately fifty (50) minutes. An hour and a half session would last 75 continual minutes. Credit cards are best. Venmo and Zelle are other options.

Individual (50 min.)	\$190	Reports or Letters	\$95 per 30 min.
Family/ Couple (50 min.)	\$190	Returned Checks	\$25 per check
Group (90 min.)	\$ 75	Missed Appointments	service rate
Consultation (50 min.)	\$190	Court/Attorney Consultation	\$250 per hour

Cancellations

Your session time is reserved for you. Twenty-four (24) hour notice is required for cancellations. Cancelling in advance will prevent you from being charged the full-service rate. Cancellations for Monday are required to be made on Friday, the prior business day.

Please make any appointment changes or cancellations via phone 713-823-4001 or text
No emails please.

Emergency Policy

My practice is by appointment only as opposed to crisis intervention. If you are in a crisis and want to talk to me, please call me and leave a message. I check my voice mail and messages several times a day and can be reached by calling (713) 823-4001. In case of an emergency and you can not reach me, you can call 911, United Way Crisis Hotline (713) 228-1505, MHMRA Crisis Unit (713) 970-7000 or go to the nearest hospital emergency room.

Notice of Privacy Act

Please initial that you have been offered a copy of the Notice of Privacy Act.
Please circle one of the following: Copy accepted Copy denied

Confidentiality

Zoom and other forms of media are not encrypted. By initialing, you are saying you give permission to have sessions via this media and that you give permission and are comfortable receiving information from me, including but not limited to handouts, articles and therapy receipts via internet.

**General Office Policy
Denise O'Doherty LPC, LMFT, RN**

By signing below, I designate that I fully understand the office policies regarding insurance, fees, cancellations, emergencies, insurance and using zoom and the internet.

Client Name: (Please print)

Client Signature:

Date:

Thank you!