

# Gender Glossary

**Affirmed female** is a person with a male body who considers herself female.

**Affirmed gender identity** is the gender identity that a person has declared to others.

**Affirmed male** is a person with a female body who considers himself male.

**Androgynous presentation** includes both masculine and feminine elements.

**Authenticity**, in this context, is the quality of being true to oneself and presenting one's true self to others.

**Biological sex**, male or female, is assigned at birth based on the appearance of the baby's genitals.

**Bisexual** individuals feel love and sexual attraction toward males and females.

**Coming out** is the process of telling others that one is gay, lesbian, bisexual or transgender.

**Conventionally gendered** individuals' biological sex, gender identity and gender expression are either all male or all female.

**Cross-gender hormones** cause a male body to become more female or a female body to become more male.

**Crossdressers** wish to adopt the clothing and styles of grooming typical, in their culture of the other sex.

**Effeminate boys** are those whose manner and behavior are highly feminine.

**Electrolysis** is a treatment to remove unwanted facial or body hair.

**Endocrinologist** is a physician specializing the body's production of hormones, including those that make a person more masculine or feminine.

**Facial feminization** is surgery to make masculine face appear feminine.

**Female-to-Male (FTMP)** transsexual has a female body, is considered by others to be female, but feels male. He wants to have a male body and to be viewed by others as male.

**Gay** is a common term for homosexual.

**Gay male** refers to men who love and are sexually attracted to men.

**Gender discordance** is the experience of having a gender identity that differs from one's biological sex.

**Gender dysphoria** is a clinical term used to describe the unhappiness caused by the conflict between gender identity and biological sex or societal expectations for that sex.

**Gender expression** or **Gender presentation** is a person's presentation of self to others as masculine, feminine neither or both.

**Gender identity** is a person's inner sense of being female, male neither or both.

**Gender identity therapist** is a mental health professional with expertise about gender identity and expression.

**Gender nonconforming** kids are those whose desires, behaviors and manner do not conform to what society expects from children of their biological sex.

**Genderfluid** or **Genderqueer** people are those with a gender identity that is neither male nor female, or is a blend of male and female.

**Heterosexual** individuals feel love and sexual attraction toward members of the opposite sex.

**Homosexual** individuals feel love and sexual attraction toward members of the same sex.

**Intersex** people have genitals that are not exclusively male or female.

**LGBT** is an abbreviation for lesbian, gay, bisexual and transgender

**Lesbian** refers to women who love and are sexually attracted to women.

**Male-to-Female (MTF)** transsexual has a male body, is considered by others to be male, but feels female. She wants to have a female body and to be viewed by others as female.

**Pansexual** individuals feel love and sexual attraction toward others without placing importance on the partner's sex or gender.

**Psychotherapy** is counseling to address mental health or substance abuse problems.

**Puberty-blocking hormones** postpone the onset of puberty.

**Sex**, female or male, is assigned at birth based on the appearance of the baby's genitals.

**Sexual orientation** refers to the type of sexual attraction a person feels. Gay, lesbian, straight and bisexual are examples of sexual orientations.

**Sexuality** refers to sexual feelings and behaviors.

**Social transition** is the time when a transsexual person begins presenting in public according to his or her gender identity rather than according to his or her biological sex.

**Straight** is a common term for heterosexual.

**Transboy** is a child or adolescent female-to male transsexual.

**Transgender** people have a gender identity and/or gender expression that does not conform to the sex of their body.

**Transgenderism** is the body of knowledge on the subject of being transgender.

**Transgirl** is a child or adolescent male-to-female transsexual.

**Transition**, in this context, refers to the process of changing from male to female or female to male

**Transsexuals** are people whose gender identity is in sharp contrast to their biological sex.