

Informed Consent for Letter for Feminizing/Masculinizing Hormone Therapy

Name (currently used)- _____ Date- _____
Name (legal)- _____ Age: _____
ss- _____ dob- _____ email: _____
address- _____
City- _____ State- _____ Zip Code: _____
Phone (c)- _____ (Work) _____ (Home) _____
Occupation _____ Place of employment _____
Gender- _____ Anatomical Sex- _____

I have crossdressed part-time / full-time for _____ months / years.

Presently, I do / do not dress in my gender of choice at work.

I have included my biological family / children / parents / present partner / in my decision to begin hormone therapy.

I have been in therapy for _____ (length of time) . I have addressed any concerns I have had regarding medical intervention.

Please initial the statements that are true for you.

_____ I have been screened by my therapist and am requesting a letter from my therapist to my hormone prescribing doctor, to support my decision / desire to begin hormone therapy at this time.

_____ I have been informed by my therapist of the benefits and risks of hormone therapy.

_____ My therapist and I have discussed reproduction options (if applicable).

_____ I believe I have the capacity to make a fully informed decision to consent to treatment at this time.

_____ I believe I have no medical or mental health concerns that would interfere with my capacity to make a fully informed decision to consent for treatment.

The WPATH view that the administration of exogenous endocrine agents to induce feminizing or masculine changes is a medically necessary intervention for many transsexual, transgender and gender non-conforming individuals with gender dysphoria.

_____ I believe I live with gender dysphoria and that hormone therapy is medically necessary for me.

_____ By signing this document, I am giving my informed consent for my therapist to write a letter supporting my choice to begin hormones at this time. I realize that decisions about hormones are first and foremost a client decision and not the decision of my therapist or doctor.

Signature - _____